

Ride Classifications:

Our rides are rated according to the average speed and terrain. You can use this as a guide to pick a ride that is appropriate to your riding ability.

Speed Rating

- A : 19+mph Advanced pace, few stops
- B : 16-18 mph Vigorous pace, occasional stops
- C : 12-15 mph Steady pace, stops every hour
- D : 10-12 mph Moderate pace, frequent stops
- E : 10-12 mph Social ride, focus on riding as a group

Terrain Rating

- 1 Lots of hills. Hills, hills, and more hills.
- 2 Some long and or steep hills.
- 3 Mostly rolling with moderate hills
- 4 Mostly flat to rolling with an occasional hill
- 5 Flat rail-trail with no hills

Distance

Distance in miles

Note: The speeds are an average speed if the ride were going in a level area.

Example: C/3/40 would be a C level ride (12-15 mph avg) on rolling hills going a distance of 40 miles.